

UW Medicine

UW SCHOOL  
OF MEDICINE

# CURRENT CONCEPTS IN MEDICATION THERAPY



Monday & Tuesday

December 12-13, 2022

Online via Live Webinar

Sponsored by UW School of Medicine  
Department of General Internal Medicine  
Office of Continuing Medical Education

## TARGET AUDIENCE

This course is designed for primary care providers, including general internists, family practitioners, and allied health professionals.

## COURSE DESCRIPTION

As primary care providers, you are constantly encountering a dizzying array of medication options and patient questions regarding advertised medications. You are responsible for managing complex medication regimens including treatments you may not be intimately familiar with. In addition, safety concerns and new indications for old medications arise regularly. Through the use of a case-based format, speakers will highlight innovations in drug therapies, review new indications for old medications, and discuss medication side effects and drug interactions. Individual presentations will be followed by Q&A during which participants will be able to ask questions.

## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Evaluate the risks and benefits of new inpatient and outpatient drug therapies.
- Discuss new developments in the drug treatment of selected clinical conditions.
- Make more informed drug treatment decisions in the outpatient setting.
- Identify and educate about new FDA approved medications.
- Discuss important drug interactions and medication side effects.
- Review seminal articles supporting changes to prescribing practices.

## ACCREDITATION

### Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



### Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE FEES	
All Learners	\$325**
Resident/Fellow/Student*	\$150**
<i>*Resident/Fellow/Student rate requires written confirmation of current status</i>	

\*\* Registrations rates increase by \$25 effective Monday, November 28, 2022.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

To enroll, please register online at [uwcme.org](http://uwcme.org). If you have not received confirmation prior the course start, please contact the CME Office at 206.543.1050.

## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcme.org](http://uwcme.org) (for conference registrants only). Materials will be available beginning on December 5, 2022, for registrants to print and/or download. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

## WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UWCME website ([uwcme.org](http://uwcme.org)). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer;
- Internet Explorer and Safari do not work with the UWCME website ([uwcme.org](http://uwcme.org))

You may use any browser to view the Zoom webinar.

## REFUND & CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by December 2, 2022. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following December 2, 2022. The Office of Continuing Medical Education reserves the right to cancel this course twenty days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions: call 206.543.1050, fax 206.221.4525 or email [cme@uw.edu](mailto:cme@uw.edu).

Prior to the start, please ensure you have the appropriate system requirements to view the webinar. No refunds will be available for technical issues not controlled by UW CME.

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: [dso@uw.edu](mailto:dso@uw.edu)

# Course Faculty

## Course Chairs: Division of General Internal Medicine

**Srirama Josyula, MD**  
Clinical Instructor  
Division of General Internal Medicine

**Nina Tan, MD**  
Acting Instructor,  
Division of General Internal Medicine

## University of Washington Faculty

**Jennifer Azen, MD, MPH**  
Clinical Assistant Professor  
Division of General Internal Medicine

**Sarah Leyde, MD**  
Clinical Instructor  
Division of General Internal Medicine

**Lauren Cirrincione, PharmD, MPH**  
Assistant Professor  
Department of Pharmacy

**Iman Majd, MD, MS, LAc**  
Clinical Assistant Professor  
Department of Family Medicine  
Director, Osher Clinic for Integrative Medicine

**Seth Cohen, MD, MSc**  
Clinical Assistant Professor  
Division of Allergy & Infectious Diseases  
Medical Director, Infection Prevention and Control (UWMC)  
Clinic Chief, Infectious Diseases & Travel Medicine

**Natalia Murinova, MD, MHA**  
Clinical Associate Professor  
Department of Neurology  
Director, Headache Center (UW Medicine)

**Shireesha Dhanireddy, MD**  
Professor  
Division of Allergy & Infectious Diseases  
Medical Director, Infectious Disease Clinic and Madison Clinic, Harborview Medical Center

**Ryan Murphy MD**  
Acting Instructor  
Department of Medicine -Pulmonary, Critical Care, and Sleep Medicine

**Lindsey Enoch, MD**  
Acting Assistant Professor  
Department of Psychiatry and Behavioral Sciences  
Division of General Internal Medicine

**Jennifer Ray, MD**  
Clinical Assistant Professor  
Division of Gastroenterology

**Corinne Heinen, MD, FAAFP**  
Clinical Associate Professor  
Department of Family Medicine  
Division of Allergy and Infectious Diseases  
Physician Lead, Transgender/Gender Non-Binary Health Program (UW Medicine)  
Director, LGBTQ Health Student Pathway

**Jainy Savla, MD**  
Acting Assistant Professor  
Division of Cardiology  
Attending Physician, Harborview Medical Center and University of Washington Medical Center

**Rupali Jain, PharmD, FIDSA, BCIDP**  
Clinical Assistant Professor  
Department of Medicine - Allergy and Infectious Diseases  
Department of Pharmacy

**Savithe Subramanian, MD**  
Associate Professor  
Division of Metabolism, Endocrinology & Nutrition  
Director, UW Lipid Clinic

**Christopher Knight, MD, FACP**  
Associate Professor  
Division of General Internal Medicine  
Associate Director, Internal Medicine  
Student Clerkship and Residency Programs  
Director, WWAMI Regional Teaching Programs

**Joshua Thaler, MD, PhD**  
Associate Professor  
Division of Metabolism, Endocrinology, and Nutrition

**Arthi Thirumalai, MBBS**  
Assistant Professor  
Division of Metabolism, Endocrinology & Nutrition  
Section Head, Harborview Medical Center

**Porshia Underwood, MD**  
Clinical Assistant Professor  
Department of Obstetrics & Gynecology  
Attending Physician, Harborview Medical Center and University of Washington Medical Center

## Monday, December 12, 2022

- 8:00 Welcome/Introduction  
*Course Chairs*
- 8:15 New Treatments in Migraine  
*Natalia Murinova, MD, MHA*
- 9:10 Update on GLP-1Ra in Management of Diabetes  
*Arthi Thirumalai, MBBS*
- 9:50 Break
- 10:10 COVID-19 Therapeutic Updates  
*Rupali Jain, PharmD, FIDSA, BCIDP*
- 10:45 Management of Functional GI Disorders  
*Jennifer Ray, MD*
- 11:40 Updates in Weight Loss Medications  
*Joshua Thaler, MD, PhD*
- 12:15 Lunch break
- 1:15 Updates in Asthma Management  
*Ryan Murphy, MD*
- 2:10 Updates in Lipid Lowering Therapies  
*Savitha Subramanian, MD*
- 3:05 Break
- 3:25 Updates in Treatment of Major Depressive Disorder  
*Lindsey Enoch, MD*
- 4:00 Evolving Options for Gender Affirming Testosterone Use  
*Corinne Heinen, MD, FAAFP*  
*Lauren Cirrincione, PharmD, MPH*
- 4:35 Adjourn

## Tuesday, December 13, 2022

- 8:00 Welcome/Introduction  
*Course Chairs*
- 8:05 Practitioner Strategies to Improve Medication Adherence  
*Srirama Josyula, MD*
- 8:40 Updates in Medication Therapies for the Geriatric Patient  
*Jennifer Anzen, MD, MPH*
- 9:15 An Update on Cardiology Medications  
*Jainy Savla, MD*
- 9:50 Break
- 10:10 Case Based Management of Penicillin Allergies  
*Seth Cohen, MD, MSc*
- 10:45 Updates in Addiction Medicine  
*Sarah Leyde, MD*
- 11:20 Lunch break
- 12:20 Preconception and Early Pregnancy  
*Porshia Underwood, MD*
- 12:55 Updates in Contraception  
*Nina Tan, MD*
- 1:30 Break
- 1:50 Case Report on Integrative Medicine Solutions  
*Iman Majd, MD, MS, LAc*
- 2:30 Update on New Medications  
*Christopher Knight, MD, FACP*
- 3:15 Adjourn

*Please note all agenda times are in Pacific Time*